



BEACH VOLLEYBALL

Why Beach Volleyball?

It is the 2 person version of indoor volleyball. The court is slightly smaller, and it doesn't just require height to be good. You must outsmart your opponent and be in better shape! Most, once they play beach volleyball, like it better than indoor! You must be an all around player, and be able to pass, set and hit. You need to also be able to play defense and serve tough. Playing beach volleyball will get you in the best shape of your life and make you run faster and jump higher by the time indoor season comes around.

How does it work?

You can bring your own partner or by yourself and we will work to pair you up with someone. Tournaments are NOT included as there are so many all over the state of Florida in the summer that you could feasibly play every weekend somewhere!. You register for the tournaments as a pair and pay that way too. Girls can change partners tournament by tournament. Practices will be twice a week after school until summer. Once summer gets here because of rain possibilities practice will move to mornings.

It does not matter if you have played for BCVC indoor, Beach is open to everyone!

If you have any other questions please reach out to Coach Berry at 904-708-9017 or blackcreekjason@gmail.com

Cost for Beach from May-July for the advanced team is \$600.00 and will include a Beach Uniform. (top/bottom/tank/t-shirt)

For Beginners it will be \$300.00 and will include a BCVC Beach dry fit T-shirt/Tank

Payments: \$300.00/\$150.00 by 9th Last payment by June 7th of same amount

Practice Locations

Rolling Hills Amenity Beach Court- SUPPLEMENTAL

3212 Bradley Creek Pkwy, Green Cove Springs, FL

Russell Baptist Church- MAIN

2299 Sandridge Road, Green Cove Springs, FL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
MAY			1	2	3	4 Beach Tryouts 8:30-11:00 Russell Baptist
5	6 Beach Practice 4:30-6:00 6:00-7:30	7	8	9 Beach Practice 4:30-6:00 6:00-7:30	10	11
12 SSOVA St Pete beach	13 Beach Practice 4:30-6:00 6:00-7:30	14	15	16 Beach Practice 4:30-6:00 6:00-7:30	17	18
19 FCVA Beach Tournament Jax beach SSOVA Clearwater	20	21	22	23 Beach Practice 4:30-6:00 6:00-7:30	24	25
26	27	28	29	30	31 Beach Practice 8:00-9:30 9:30-11:00	

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
JUNE						1
2 SSOVA Siesta Key	3	4 Beach Practice 8:00-9:30 9:30-11:00	5	6	7 Beach Practice 8:00-9:30 9:30-11:00	8 Sports Edge Summer Serve Tournament Jax
9 SSOVA St Pete beach	10	11	12	13	14 Beach Practice 8:00-9:30 9:30-11:00	15
16 FCVA Beach Tournament Jax beach	17	18	19	20	21 Beach Practice 8:00-9:30 9:30-11:00	22
23	24	25	26	27	28 Beach Practice 8:00-9:30 9:30-11:00	29
30 SSOVA Treasure Island						

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
JULY	1 Beach Practice 8:00-9:30 9:30-11:00	2	3	4	5 Beach Practice 8:00-9:30 9:30-11:00	6
7 SSOVA St Pete beach	8 Beach Practice 8:00-9:30 9:30-11:00	9	10	11	12 Beach Practice 8:00-9:30 9:30-11:00	13
14	15 Beach Practice 8:00-9:30 9:30-11:00	16	17	18	19 Beach Practice 8:00-9:30 9:30-11:00	20
21 FCVA Beach Tournament Jax beach	22	23	24	25	26	27
28	29	30	31			

SSOVA Website to learn how to join and register for tournaments: <https://www.ssova.com/howtosignup>

FCVA Website and Number to register for tournament: 904-540-3432 firstcoastvolleyball@gmail.com or go to <https://volleyballlife.com/tournaments/upcoming?xE=Camp,Clinic,Tryout,Program&d=100>

Sports Edge Website and number to register: Same website as above to register. Can also go here: <https://www.thesportsedge.com/tournaments>



BCVC Beach Registration Form

Tryout # _____ Age Division 14/16/18 _____ Partner? Y/N _____ partner name _____

Years/Months of Beach experience _____

Name: _____

Birth date: _____

Tryout Fee: \$25.00	
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Address:

Telephone: _____

E-mail: _____